



maria's daily menu

Effective November 11, 2011

Sandwich Boxes

Each box lunch contains seasonal fruit salad and a side of pasta, or potato salad. Bread substitutions upon request.

Half and Half	6.75
One pint of soup plus one half sandwich, plus sides.	
Chicken Salad	6.75
Maria's homemade creation served with lettuce on a croissant.	
Caper Tuna Salad	6.75
Maria's creamy concoction served with lettuce in wrap.	
Classic Roast Turkey	6.75
Served with your choice of Swiss or Havarti, lettuce, tomato on wheat.	
Sante Fe Turkey Wrap	6.75
Served with Monterey Jack cheese, lettuce, tomato and chipotle mayo.	
Roast Turkey and Salami Sub	6.75
Served with Provolone cheese.	
Grilled Chicken Club	7.20
Marinated grilled chicken breast with lettuce, tomato, bacon and Swiss cheese on toasted white.	
Pork BBQ on Sub Roll w/Chips & Pickle	5.50
Honey Ham with Melted Havarti on rye	6.25
Egg Salad and Bacon	5.75
Maria's own creation with tomato on toasted white.	
Roasted Salmon Club	7.20
Roasted salmon filet with bacon, lettuce, tomato and cucumber on toasted rye with dill mayo.	
Crab Cake Club	7.20
Maria's homemade crab cake with bacon, lettuce and tomato.	
Grilled London Broil	7.20
Thinly sliced and served with caramelized onions, lettuce, pepper jack cheese and horsey sauce on wheat.	
Roast Beef	6.75
Roast Beef with Cheddar, lettuce, tomato and chipolte mayo on rye.	
Italian Hero	6.75
Genoa salami, roast beef, Provolone cheese, lettuce, tomato, and red onion on sub roll with balsamic-Parmesan dressing.	
Homemade Pimento Cheese	6.25
Low carb delicacy on wrap.	
Roasted Veggie Wrap	6.75
Hummus, lettuce and loads of grilled vegetables.	
Homemade Hummus Pita	5.75
Served with cucumber, lettuce and tomato in pita bread.	
Assorted Sandwich Platter for Ten or More (per person)	7.50
Served with Potato or Pasta Salad, Mixed Fruit, Assorted Breads and Condiments.	

Deduct \$1.00 per sandwich if sides are omitted.

Monday-Friday • 11:00-7:00 • Saturday 'til 6:00

Salads and Such

Asian Noodle Salad with Your Choice of Protein	7.25
Traditional Asian noodle salad with your choice of chicken, beef or salmon.	
Simple Mixed Green Salad	2.25
Traditional house salad with seasonal vegetables and your choice of dressing. (Bleu Cheese, Vinaigrette or Ranch).	
Chicken Salad	6.95
Served on a bed of fresh salad greens and vegetables topped with chicken salad.	
Greek Salad	6.95
Traditional Greek salad with fresh crispy greens, tomato, cucumber, feta, Kalamata olives, pepperoncini and red onion with oregano dressing.	
Chef's Salad	6.95
Traditional Chef's salad with mixed greens topped with ham, turkey, tomato, Swiss cheese and tomato vinaigrette dressing.	
Field Greens and Fresh Veggies with your choice of high protein toppings.	
Accompanied by the appropriate sauces or dressing.	
Mediterranean Chicken Breast	6.95
Thai Beef	7.25
Sesame Salmon	7.25

The following salad requires a 24-hour notice and ten person minimum.

Caesar Salad	
Build your own with croutons, Parmesan & Caesar dressing.	
Classic	3.00
Chicken	6.95
Beef or Roasted Salmon	7.25

Platters

Platters require a ten person minimum and at least two hours notice.

Meat and Cheese Platter	7.95 per person
A selection of roast turkey, ham, grilled London Broil, Swiss, Havarti, lettuce, tomato, assorted breads and rolls, condiments. Accompanied by pasta or potato salad, slaw or fruit salad.	

Assorted Homemade Salad Platter	7.50 per person
A selection of Maria's popular homemade chicken salad, caper tuna salad, baby bliss potato salad or pasta salad of the day. Served with assorted breads and rolls. Accompanied by fresh fruit salad.	

Price Buster Special

Call to see what's cookin' this week!

Hot entrees change each week and are accompanied by a salad or vegetable, bread and a small dessert	
PICK UP PRICE	6.50 per person
DELIVERY PRICE	8.50 per person
	10 person minimum, 24-hour notice

Located in Lawndale Shopping Center

PHONE 379-8646 FAX 379-8679

Free delivery on orders of \$50 or more within a 3-mile radius.

www.marialovesfood.com

We ask that large orders for ten or more be called or faxed in at least two hours prior to desired pick-up or delivery.